

## Microblading Consent Form

Name: \_\_\_\_\_

Appointment date: \_\_\_\_\_

DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency contact name & phone: \_\_\_\_\_

### Agreement & Consent

This form is to provide you with information needed to make an informed choice as to whether or not microblading is for you.

Microbalding is the process of inserting pigment into the dermal layer of the skin to provide hair-like strokes which will enhance the appearance and shape of your eyebrows.

Microblading is a form of tattooing, though considered semi-permanent, some may experience the pigment to be permanent.

All instruments that come in contact with bodily fluids and enter the skin are disposable after use. Cross contamination guidelines are strictly adhered to.

Complimentary 6-8 week touch-ups are expected after your initial appointment, which I like to call the "perfecting session". Initially the color will appear more vibrant and darker compared to the end result. Within 7-10 days the color will fade about 50% and may look "sparse". Typically within 2 weeks the true color will appear. If you notice areas that seem like they have completely faded, this is okay and will be corrected at your touch up appointment.

Due to the pigment being semi-permanent and will fade over time, it is highly recommended to book yearly touch-ups to keep up with color and shape.

## Please consider...

There is a possibility of some discomfort even after topical numbing cream has been used which will vary from person to person. Though you should not be in pain during your session, please inform me of any discomfort you can not withstand.

Although rare, there is a risk of infection. The area treated must be kept clean and only freshly cleaned hands should touch the area. As long as you follow your pre and post care strictly, there should be no chance of infection.

Uneven pigmentation can result from poor healing, infection, bleeding or many other causes. Your follow up appointment will aim to correct any uneven appearance.

Every effort will be made to avoid asymmetry but our faces are not symmetrical so adjustments may be needed during the follow up to correct any unevenness. Remember, our brows are sisters, not twins!

## Pre Appointment Care

- Do not have botox 3 weeks prior
- Do not have any type of facial/peel 2 weeks prior to appointment
- Do not wax or tint eyebrows 1 week prior to appointment
- Avoid vitamin A, retinol, acid serums (AHA/BHA), anti-aging and acne creams 1 week prior
- Avoid aspirin, niacin, vitamin E, fish oil, COQ10 and ibuprofen for 48 hours prior to appointment
- Avoid alcohol and caffeine for 24 hours prior to appointment. Alcohol and caffeine will have a big affect on the outcome and healing of your eyebrows!!!
- Avoid sun damage and tanning bed exposure for 1 week prior to appointment

## Post Appointment Care

Please follow precisely for the best outcome!

After the procedure, gently blot the area with a clean cotton round, tissue or paper towel to absorb excess lymph fluids. Do this every 5 minutes until the oozing has stopped.

### Washing days 1-7

- Wash daily to remove bacteria, oils and product build up with a gentle fragrance free cleanser like Dial soap, Cetaphil or baby shampoo.
- Wash every morning and night with a very light touch, using your finger tips to gently cleanse the area.
- Rinse with water to ensure all soap is rinsed away.
- Pat dry with a clean cotton round, tissue or paper towel. DO NOT use a towel, towels collect and hold onto bacteria.

### Moisturize days 1-7

- Apply a tiny, rice grain amount of after care gel 2-3 times a day with a cotton swab and spread it across the treated areas.
- A little goes a long way, be sure to not over-apply, as this will suffocate the area and delay healing. The gel should be barely noticeable on the skin.
- Eyebrows should be completely dry before applying after care gel.

### Please avoid after your appointment ...

- Dirty pillowcases
- Botox, microdermabrasion, chemical peels for 4 weeks
- Vitamin A, retinol, acid serums (AHA/BHA), anti-aging, acne creams for 1 week
- No excessive sweating, saunas, hot tubs, pools, tanning, sun exposure for 10 days
- When showering, avoid hot water and do not put your face directly in line of water for 10 days
- When washing your face, avoid the brow area by using a washcloth.
- No makeup or sunscreen on the area.
- Do not pick or peel the area during the scabbing process

Please acknowledge that microbalding may not be for everyone. For the safety of you and myself, I can not work on anyone who falls under any of the following categories.

- Pregnant or nursing
- Under 18
- Sick with a cold, flu, sinus infection, etc.
- If you have sunburn, shingles, eczema, rash, acne or psoriasis on the treated area
- Used accutane in the last year
- If you have a viral infection or disease
- Undergoing chemotherapy
- Prone to keloids
- Have diabetes

If you are questioning whether you may be fit for microblading, please reach out to me so we can discuss your options!

If you have had previous microblading done or your eyebrows were tattooed with permanent ink, it is best to set up a free consultation before booking an appointment so that I can properly assess. For health concerns and safety, it is up to my discretion whether or not I can work over your previous microblading. If you have tattooed eyebrows with permanent ink, you may have to invest in laser or saline removal before any other work can be done to correct your eyebrows.

Please initial (X)

I have been informed of the nature, risks and possible complications and consequences of microbalding. I understand the microbalding procedure carries known and unknown complications and consequences including but not limited to: infection, allergic reaction, scarring, inconsistent color, spreading, fanning or fading of pigment. I understand the actual color of the pigment may be modified slightly due to the tone and color of my skin, how I prep for my appointment and how I heal the treated area after my appointment. I fully understand this is a tattoo like process and request the microblading procedure, accepting the possible permanence of the procedure as well as the possible complications. I understand that while this is referred to as a semi-permanent procedure in nature, due to each individual's reaction to the pigment, the length of time pigment is present cannot be guaranteed. In some cases, pigment will be permanent. In others, pigment can fade almost completely.

X\_\_\_\_\_

I understand that if I have any skin treatments, botox, underlying conditions and/or skin sensitivities I am obligated to inform my service provider. I understand that failing to do so can result in complications, consequences and infections once the procedure is done. I also understand that some of these potential adverse complications may not be correctable by my service provider. I have read and understand that microblading may not be for me, if I qualify with any of the categories listed above- pregnant, nursing, sick with a cold, flu, sinus infection, sunburn, shingles, eczema, rash, acne or psoriasis on the treated area, used accutane in the last year, have a viral infection or disease, undergoing chemotherapy, prone to keloids or have diabetes. X\_\_\_\_\_

I have received pre and post procedure instructions and I will strictly adhere to such instructions. I understand my failure to do so may jeopardize my chances for a successful procedure. I also understand that my service provider is not liable for any extreme fading between my touch-up appointment and yearly appointment, as some may not hold pigment as well as others, due to but not limited to-type of skin, pre and post care, underlying health complications, medications that are taken, etc. . I understand that if I do experience any extreme fading, I can not book a free touch-up appointment after I have already had my first touch-up appointment. X\_\_\_\_\_

I understand that my service provider only uses disposable, sterile tools. All stationary tools and equipment are properly sterilized before and after every appointment. I understand that my service provider has full discretion of whether or not I can receive microblading. I understand and have read that I am obligated to tell my service provider of any skin conditions or underlying health complications I may have. Failure to do so is my liability. I understand and agree that my service provider is not liable for any infections, complications, consequences and/or extreme fading. X\_\_\_\_\_

I am accepting before and after pictures of the procedure to be taken and most likely posted on my service provider's social media. X\_\_\_\_\_